

# A Most Important Discovery

By Sha'ul ben Yahukhanan

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The Way of the Most High

“Professing belief in the Most High Father **יְהוָה** (YaHU(W)aH),  
through His TaNaKh (falsely called the ‘Old Testament’).”

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It is not fun to sit around and read about people's health problems, but this truly is a most important discovery in the care of our bodily tents. Please bear with me as I talk about my own health problems and how יהוה (YaHU(W)aH) answered a prayer for healing in an unexpected discovery. All of us have health problems. I don't believe there is a single person on this planet that can claim they are as perfect as Adawm (Adam) on the day he was created. And though many people might think they are perfectly "okay," all one has to do is read the obituaries. Many people die young, had no symptoms, and thought nothing was wrong. They are young and old, athletes and regular folk... all walks of life. But this article might have saved their lives. For one thing, consider that heart problems that lead to a heart attack do not usually result in major symptoms prior to the attack. In many cases, the first symptom of a heart attack is death, or a tingling in the arm which most ignore as nothing... and then death.

I have suffered for years with an intermittent breathing problem, chest, back and neck pain. I went to the doctor many times over the course of close to 10 years. All that time, they conducted their tests and always said "come back in two weeks and we'll try something else." I guess all those "masters" degrees don't say much until they can cut you open and actually see what happened at your autopsy... when it is too late. I reported my symptoms to the doctors and specialists. They did x-rays and ultrasound heart tests, blood tests... and all they said was that I was as healthy as a horse. They said don't worry about it. YEAH RIGHT. This is our hospital system folks. What do you think of it?

Then I got a rash, or so I thought it was a rash. They told me I had eczema and that I should buy cortisone to treat it. Of course they filled out a prescription with a crookedly written doctor's signature. I think it represents the crookedness of the doctor. But at \$30 bucks per 300ml tube every month, you must be out of your mind! We didn't have much money and didn't care about the doctor getting his commission from the pharmaceutical purchase. Instead, someone recommended oatmeal paste, so I decided to cook up some and try it. It worked for the symptoms of eczema, and I certainly don't have a whole lot of it on my hands or arms anymore. I eventually found that having an Aloe Vera plant and cutting a little off it and applying it every couple days works much better than oatmeal paste and takes much less effort. You can also use Aveeno (a mostly natural oatmeal cream) to treat it, but it is not as effective as making a fresh oatmeal paste with just oats... rather than the 30 ingredients on the Aveeno. And it is far less effective than Aloe Vera. But this was not my major problem. The problem was the breathing and the pain I sometimes felt in my heart area, lungs, and back. The health system had failed to AXE the root cause of my pains and eczema. But that is only expected, because the typical doctor is tall, skinny, and probably never held an axe in their life.

Naturally, my wife and I prayed and prayed for several years until we met up with an herbalist who did a live blood test. It is quite amazing. They take a small prick of your finger, put it between some microscopic slides, and then take a look at it on the computer under the microscope. They show all the things right there on the computer that are going on with your body. She found that certain areas of my spine were influencing my liver over the years. My liver was functioning very poorly! I might die slowly. The toxins that the liver filters out were the root cause of my eczema, and the root cause of the liver problems was poor spinal health. The poor liver was affecting my lungs... hence the breathing problems and pain in my chest. ***But this was still not the most important***

***discovery! The most important discovery was taking the herbalist's advice... SEE A CHIROPRACTOR.***

At first, that made a lot of sense. Why would I be putting oatmeal cream on my eczema when the liver is the real problem? And why would I do some herbal cleanse or take liver pills when the spine is the real problem affecting the liver? The answer was clear. I needed to correct my spine, and then I would have healthy liver, lungs, chest, back, and skin! But at the same time, I thought that seeing a chiropractor was a little nuts. Most people – including myself in times past – think chiropractors don't do anything but crack backs and necks while stealing a big sum of cash. I knew many people that saw chiropractors and didn't really think much of their treatments. It seemed like the treatments helped them for certain back problems and whatever, but I never heard of anyone healed of a liver problem because they saw a chiropractor. The doctors certainly never mentioned anything about seeing a chiropractor either. So what I am about to write was shocking for me when our family first discovered chiropractic care, and it might be shocking to you.

The shocking truth is that chiropractic care saves many lives. We mostly think doctors and surgeons when it comes to lives being saved. But for the most part, they only treat symptoms with drugs or repair things that are beyond repair through surgery, transplants, transfusions, etc. This is not to say that there is no need for doctors, pharmacists, or surgeons. If you get gangrene and a limb needs to be cut off to save your life, you would probably be best to see a surgeon (unless there is some natural cure I don't know about). But the shocking truth is that chiropractic care could save many lives that have been lost. And chiropractic care has some important Scriptural lessons regarding our bodily tents that we live in.

The brain, a most wonderful creation in and of itself, is where we should begin. The brain sends out messages to the rest of the body. The spinal cord is connected to this most crucial element called the brain. The cord is the messenger of all messages from the brain. The brain, as the ultimate power, sends the message to the spinal cord or messenger, and the messenger goes out and brings the message to the organs and nerves of the body. Of course, if the brain shuts down or its messages are not sent to the body through the messenger, we are going to die. The brain is protected by our skulls, and the spinal cord is protected with a column of bones. The Almighty was pretty smart, and figured out that the brain and spinal cord should be protected by bone. The only problem is that when the protective bones around the spinal cord are damaged or shifted, it impacts the cord. You may think of it like putting your foot on the garden hose when the water is running. You won't get any water out of the hose if there is a kink in it. But what if you just applied a little pressure to the hose with your foot? Well, there would certainly be some water coming out of the hose, but not as effectively. So it is important that the spinal cord is free from kinks and pressure, in order for the messages of life to get through to the vital organs and nerves of the body. I am living proof of that.

When we first decided to look into chiropractic care, I heard an ad for a Christian chiropractor in our area on the radio. But why a Christian chiropractor? Well, most "Jewish" people I have met have provided poor quality service, treat us like illegitimate gentiles, and criticize observance of the TaNaKh (OT). When I first stepped into the Christian chiropractor's office, I was a wreck. I still am, and need much more care to correct the health problems spoken of earlier. But the chiropractor heard of my symptoms

and health history with an attentive ear. I told her what the herbalist had said after the herbalist had looked at my live blood test, and which spinal discs needed dire work to be done. Some x-rays were taken, and the chiropractor confirmed that I truly needed some serious work, most importantly in the neck area. The x-ray also confirmed exactly what the herbalist said. For several years, I would get a twinge in my neck when turning my head to the right, and couldn't understand why. Looking at the x-rays, it was easy to understand the answer.

We came back several days later to attend a teaching on chiropractic care and its importance, and there was a great expectation for restoration. The chiropractor showed x-rays of people with much worse spinal problems than our family's own. Their stories of health problems were told. Then we saw x-rays of their recovery to a normal and healthy spine, and heard of their magnificent health. And after just two weeks of chiropractic care, I no longer had any twinges in my neck, and was able to check my blind spot when driving my car with ease... not to mention the help my wife and daughter received (and continue to receive).

Is chiropractic care truly the “most important discovery” when it comes to taking care of our bodily tents? Well, the title of this article is “A” most important discovery. Please don't get the wrong idea. Most importantly, we must be spiritual followers of Scripture through prayer and life-observance. Then we can care for our bodies. It is important that we have a proper and naturally alkaline body type. For that, we need to check our ph balance. We should understand which foods are acidic and which foods provide an alkalinity to our bodies. We need to get a hold of proper foods that are natural, not laced with chemicals, preservatives, and sugars... as best we can in this polluted modern age. We also need to exercise, stretch, rest, and many other things that are a part of health care. But before we end this article, let us consider the Scriptural relevance of chiropractic care.

Prior to the tent of the Most High that was set up in the midst of the people in Exodus, and prior to the House that Sh'lomo (Solomon) built for the Almighty, there was the body of Adawm (Adam – male and female – Gen. 1:27). Wonderfully made and created from the ground and the breath of the Almighty Himself, the body of Adawm was the original dwelling of the Most High. Anything else that came after the creation of Adawm, such as tents or houses, was only a mere reflection and symbol of the Almighty dwelling IN Adawm (us).

The earliest people in Scripture dwelled in tents (Gen. 9:21; 12:8). Yobe (Job) wrote that our skin is like the covering of a tent, and that our bones are like the supporting posts of the tent (Job 10:11). The word for fenceposts or “fenced” (KJV) in Yobe (Job) 10:11 is “sook,” the root word for “tent” or “sukkah” in the original Eebreet (Hebrew script). But the biggest discovery that we have in this article regarding chiropractic care is that “the Preacher” (Ecclesiastes – whom most people think to be Sh'lomo (Solomon)) revealed his thoughts about death and the spinal cord. In Kohelet (Ecclesiastes) 12:5-7, the preacher shares with us a clear and symbolic message. In fact, the whole of chapter 12 is about death. The chapter starts by saying “Remember your Creator in the days of your youth” (12:1). The chapter ends by saying “Reverence the Mighty One, and keep His commandments; because this is the complete responsibility of Adawm (man)” (12:13). So when we get to verses 5-7, we can understand better what is said. Verse five Talks about people being overwhelmed by fear because Adawm (man) is

dying and mourners fill the streets. It is a scene of death. Verse seven also talks about death and how we return to the dust that we are made from when we die. But verse six is a little harder to understand. “Or ever the silver cord be stretched, or the golden bowl be broken, or the jug be smashed at the fountain, or the wheel be broken at the well.” If you have a copy of *The Companion Bible*, you notice the notes by E.W. Bullinger in the margins of the Scriptural text. In this case, the notes confirmed our thoughts as we looked at the Eebreet (Hebrew text). The word for “cord” is “khay-bel” in the original, and this is where we get the English word “cable” from. You may imagine an electrical cable. This cable of the spinal cord or “silver cord” as “the Preacher” calls it, is attached to the “golden bowl.” Certainly you can guess what that is. It is the skull. The skull pours out messages to the body through the spinal cord, like a bowl pouring out running water. And just for some extra knowledge, the “jug” is the heart according to most commentaries and sources on this text. But we could not find an explanation for “the wheel,” other than that it is a reference to the wheel that the rope goes over, in order to let down the jug into the well. The importance here is that we are talking of a “golden bowl” or skull, attached to a “silver cord” or spinal cord, which provides to the “jug” or heart. And when things go wrong, and any of these is broken or not functioning, then death is not far. We must cherish our minds and our skulls as golden bowls. We must care for the precious silver cord. The jug or heart is precious.

The concept of the spinal “cord” or “silver cord” has been used in several Christian songs, and has been understood by Yahudim (worshippers of Yah Most High) throughout the ages. One fellow who had a near death experience recalled those moments near death and spoke of it on the radio one night on 99.5WDCX FM. He stated that he felt like he was leaving his body and that as he reached around his back he felt a cord that was barely holding him to his body, and when he turned and looked at it, it was a strong silver cord. Thankfully, his life did not end that night and he was spared. When the silver cord is broken, life is ended, and we await the resurrection of the wicked or the righteous. The point is that the spinal cord is one of the most vital pieces to our bodies, and the ancient Eebreet (Hebrews) have understood it to be a very significant “silver cord.”

Yobe (Job) also wrote about the spinal cord. While many have not recognized this, it is hidden in the Eebreet (Hebrew script) of chapter 30, verse 11. “Because He has loosened *my cord*, and afflicted me, so they have also let loose their bridle before me.” The picture that Yobe is giving us is that his strong cord (we will reveal that it is the spinal cord shortly) is loosened by the Almighty, and he is afflicted with disease. And because the Almighty has allowed this to happen to him, there are a lot of people who have let their mouths loose in mocking him and dropping their jaws when they look at his affliction. They are like unbridled horses. Now you might not understand that Yobe (Job) is referring to the spinal cord just by reading the English translation of 30:11 as given above. But you would if you read the Eebreet (Hebrew text). The word for “cord” is “yether,” and describes a strong rope or cord. The word for “bridle” is “resen,” and refers to a strap that is much like a rope or cord also, which stops the jaw from moving and controls the head. If you narrow in on the English when we read Yobe (Job) 30:11, you will notice a comparison of a “cord” to a “bridle.” It is not all that different. And while the “bridle” refers to the “jaws” of wicked ones who ridicule Yobe (Job), the “cord” refers to his spine and his health.

Many ancient peoples knew that health had a relation to their spine. Many of them also believed that the spine was the “silver cord” that kept us connected to life in our bodies. And no doubt, Yobe (Job) was probably bent over from all the burdens of a body that is not at ease, and the mockery of those whom he came in contact with. The strong spinal cord that Yobe (Job) once had when he stood tall and proud as a righteous follower of the Most High was now loosened. And this has been the inspiration for the idea of the “silver cord” that binds us to life ever since.

Elisheba and I are not the only ones to have discovered this truth in Yobe (Job) 30:11. We pray that this discovery has been as eye-opening to you as it has been to us, and that you will get checked by a chiropractor who cares about your health. Don't go to a chiropractor who is an atheist. And ask them if they specialize in “acute” chiropractic care or if they believe in complete chiropractic care that deals with more than symptoms. Our chiropractors may even know someone in your area that you can talk to. If you would like to talk to them, here is their info:

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Shalom,  
Sha'ul and Elisheba

## SOURCES

JPS Hebrew-English TaNaKh. Philadelphia, USA: The Jewish Publication Society, 1999.